2nd to Home

For this drill I like to have a coach standing at home plate making contact with the ball. We want to teach the kids to get a good jump but not to leave early. If the coach misses the ball the kids should still be on the bag. Once the coach makes contact with the ball the runner should break towards 3rd base by the coaches reaction the runner should know the ball got through the infield and the runner in not to break stride. Runners again can work on their slidebys at homeplate